



## YOUR PCS BENEFIT WEEKLY UPDATE



### RISK MANAGEMENT NEWS & ANNOUNCEMENTS

August 12, 2022

### BENEFITS NEWS

Welcome Back! We hope you had an enjoyable and relaxing summer. Many life changes can happen over these few months. Do you need to update your personal information with the district? If you have moved, changed your phone number, or recently married and changed your last name, you will need to update your personal HR record with Pinellas County Schools:

- Login to PCS Portal using your PCS Network user ID and password
- Go to Employee Self Service
- Click on the link for “Personal”
- Click on “Edit/Update”
- If you have a Marital Status/Name change, complete the [PCSB Form 3-1909](#). Print the form, fill out, and return the completed form to Human Resources.

#### **Benefit Deductions:**

Just a reminder that insurance deductions will resume on the following dates:

- August 26, 2022            Instructional, Administrative, Professional/Technical
- September 2, 2022        Supporting Services

## It's time to take care of you.

Mental health counseling services are available at your local CVS® HealthHUB™

[Click here](#) for more information about CVS HealthHUBs.



## WELLNESS NEWS

### **Earn Limeade Points by Completing Your Preventative Screening in 2022**

Employees with the Aetna medical insurance through PCS can earn points for participating in Limeade activities and completing their preventative screenings throughout 2022. Skin cancer screening, dental exam, vision exam, flu shot and COVID-19 vaccine points must be self-submitted through Limeade to earn 100 points each. All annual physicals, well women's exams, mammograms, and colonoscopies will be awarded automatically through claims. Please allow 60 days for these points to process. If you are missing points after 60 days, contact Limeade Support at 888-984-3638 or [support@limeade.com](mailto:support@limeade.com). For more details about the Limeade program, visit [pcsb.org/limeade](https://pcsb.org/limeade).

[Directions for how to submit exams.](#)

### **Employee Assistance Program – August Webinars**

Resources for Living (RFL) provides webinars on a monthly basis to help employees be less stressed and more productive. This [EAP flyer](#) announces the four new webinars for August: 1. What's Your Personal Brand? 2. Bullying in the Workplace 3. Communication 101 4. Making Your Doctor Visits Count

To register for the webinars, log in to your PCSB member website at [www.resourcesforliving.com](http://www.resourcesforliving.com), Username: pcsb Password: eap. And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

## EMPLOYEE DISCOUNTS

### **Pinellas County Schools Main Discount Page**

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers, and much more. Company code: PCS
- [Amalie Arena Concerts and Events](#)
- New Fitness Discounts:
  - [Burn Boot Camp: 10% off](#)
  - [Camp Gladiator - 10% off](#)